

Date: 21.06.2019

Name of Activity: Celebration International Yoga Day

Report

Total participants: 27 nos.

The international Yoga Day is celebrated in the college on 21st. June, 2019 which is organized by the NSS unit of the college. On this occasion, 1 lecture programme was organized on the importance of Yoga and health. Mr. Rajasree Das, the prominent yoga activist of Udharbond area and Dr. Shyam Mamud Barbhuiya delivered speech on this occasion. After this, a practical yoga session was held where 27 numbers of students and NSS Programme Officer took active part.

